

Budling: Faculty of Biology

Rooms names	8.00-8.45	8.45-9.45	9.45-10.00	10.00-12.30	12.30-13.30	13.30-16.45	16.45-17.00	17.00-18.30	
Main Hall	Inscription		B R E A K				B R E A K		
Aula		(1) Welcome Ceremony		(2) Actifying exposures up and down, left and right, and back and front to dance with worries, fears, anxieties and obsessions (P. Zurita Ona) <u>workshop</u>					
Room: PARTER				(3) Acceptance and Commitment Therapy (ACT) – the first steps (R. Burian) <u>workshop</u>					
Room: A				(7.1) ACT Online and Virtual Reality applications (Brandolin et al., Gallego et al., Gorinelli et al., Lappalainen et al.) <u>symposium</u>		(7.2) ACT mobile games and online interventions for children, adolescents, and parents (K. Keinonen et al., Lappalainen et al., T. Hämäläinen et al., R. Lappalainen et al.) <u>symposium</u>			
Room: B				(4) Zen is Good for Nothing (J. Martz) <u>workshop</u>					
Room: C						(39) Contextual Behavior Therapy to Reduce Sexual and Gender Minority Stress (M. Skinta)			
<u>Room: Sala Rady Wydziału</u>				(5) Embrace Uncertainty with Curiosity while ACTing (R. Steinkopff, M. Domurat) <u>workshop</u>					
<u>Room: Sala Owalna</u>				(6) Invitation to explore the “world of choices” (A. Meyer, A. Kossakowska) <u>workshop</u>		(8) How to use Creativity to Create Better Therapeutic Relationships (P. Gomes de Sousa Filho) <u>workshop</u>			
<u>Room: A1</u>					L U N C H				(10) Neuroanatomy of the emotions (A. Gonicka, D. Wojtalik, M. Grzesiak-Walczak, Z. Koźmiński, O. Blauth) <u>Extra Event</u>
<u>Room: A2</u>						(9) Marzenie o kompetencji. Czy można skutecznie pomagać i przestać się nim ograniczać? (K. Ambroziak, D. Sigh) <u>Workshop PL</u>			(11) OSTEOLAB: Reading the bones (M. Krenz-Niedabła, A. Walczak) <u>Extra Event</u>
<u>Room: 0.72</u>									(12): Get to know your BODY COMPOSITION (E. Bryl, P. Szcześniewska) <u>Extra Event</u>
Natural History Collection					B R E A K				(13) Animals as a source of fear and pleasant experience - what does our attitude depend on? (Sz. Konwerski) <u>Extra Event</u>
Room: Z1									(14) Fear has big spiders' eyes (P. Szymkowiak, Da. Szymański, Do. Szymański, A; Rzepecki) <u>Extra Event</u>
Room: Z2									(15) See your own DNA (N. Ryczek, A. Łyś) <u>Extra Event</u>

Bulding: Faculty of Chemistry																		
Room names:	8.00-9.00	9.00-9.45	9.45-10.30	10.30-10.45	10.45-12.30	12.30-13.30	13.30-15.00	15.00-15.15	15.15-16.00	16.00-16.45	16.45-17.00	17.00-18.30	18.30-19.30					
Aula		(19) <u>Keynote Lecture: Digital Acceptance and Commitment Therapy for Health Behavior Change</u> (Maria Karekla)	(20) <u>Keynote Lecture: Gender, Sexual Orientation, and the new Politics of Exclusion</u> (Mathew Skinta)	B R E A K	(21) Ukraine space: ACTowe doświadczenie w pracy z elastycznością psychologiczną w dobie wojny hybrydowej (O. Martsyniak-Dorosh), (A. Smetana), (M. Mykolaychuk) <u>Symposium</u>	L U N C H B R E A K	(25) Promoting University Students' wellbeing through University Services and Teaching (A. Lichtenberg et al.), (P. Rasanen et al.), (A. Gallego et al.), (P. Rasanen et al.) <u>Symposium</u>	B R E A K	(30) <u>Keynote Lecture: The neurodevelopmental impact of extreme neglect in early childhood</u> (Edmund Sonuga-Barke)	(31) <u>Keynote Lecture: Catalyzing Conscious Cultural Evolution with the help of ACBS</u> (David Sloane Wilson)	B R E A K	(32) Panel discussion: Matthew Skinta, Maria Karekla, Edmund Sonuga-Barke, David Sloane Wilson, Beate Ebert	Poster presentation, SIG Meetings & Extra Events					
Budling: Faculty of Biology																		
Room: PARTER							(22) Things you always wanted to know about psychedelic-assisted therapy, but were afraid to ask: A CBS introduction (M. Funke, M. Skinta, B. Kleszcz) <u>Workshop</u>											
Room: B	(16) Meditation (J. Martz) <u>Morning Activity</u>									(26) Relacja terapeutyczna w ACT (A. Wroczyńska, H. Malinowska-Wikaryjczyk) <u>Workshop PL</u>								
Room: C	(16.2) ACTive morning with photography (K. Ferneza) <u>Morning Activity</u>						(23) Teaching human behavior as an interdisciplinary theme: integrating concepts of contextual behavioral science in K-12 education (S. Hanisch, D. Eirdosh) <u>Workshop</u>			(27) Evolving schools, minds, and societies: community-based approaches for school improvement (D. Eirdosh, S. Hanisch) <u>Workshop</u>								
Room: Sala Rady Wydziału	(17) A lesson in Awareness Through Movement (Feldenkrais method) (J. Mattes) <u>Morning Activity</u>						(24) The gift of anger in the therapeutic alliance (C. Zandru) <u>Workshop</u>											
Room: Sala Owalna	(18) Back to myself - mindful movement workshop + performance (M. Mak-Jeszka) <u>Morning Activity</u>									(29) Acceptance and Commitment Therapy (ACT) for chronic pain (R. Burian) <u>Workshop</u>								

Friday, 9 September 18.30-19.30

Budling: Faculty of Biology

Rooms names:	
Main Hall	(33.1) Poster presentation
Room: C	(33.2) „ACT in der Klinik“ <u>SIG Meeting</u>
Room: Sala Rady Wydzialu	(33.3) „Impact #Gesellschaft #Mitwelt #Klima“ <u>SIG Meeting</u>
Room: Sala Owalna	(33.4) „SELF-HELP Plus (SH+)“ <u>SIG Meeting</u>
Room: MA	33.5) „ACT KJP“ <u>SIG Meeting</u>
Room: L	33.6) „FOHO - Forschung und Hochschule“ <u>SIG Meeting</u>
Room: KP	(33.7) "Körper und Bewegung" <u>SIG Meeting</u>
Room: A1	(10) Neuroanatomy of the emotions <u>Extra Event</u>
Room: A2	(11) OSTEOLAB: Reading the bones <u>Extra Event</u>
Room: 0.72	(12): Get to know your BODY COMPOSITION <u>Extra Event</u>
Natural History Collection	(13) Animals as a source of fear and pleasant experience - what does our attitude depend on? <u>Extra Event</u>
Room: Z1	(14) Fear has big spiders' eyes <u>Extra Event</u>
Room: Z2	(15) See your own DNA <u>Extra Event</u>

Budling: Faculty of Biology

Room names:	8.00-9.00	9.00-10.30	10.30-10.45	10.45-12.30	12.30-13.30	13.30-15.00	15.00-15.15	15.15-16.45	16.45-17.00	17.00- 18.30	18.30-19.30	20.00-22.00	
Main Hall			BREAK						B R E A K			(50) Follies	
AULA						(41) Cha cha cha: Striving, perfectionism, and high-achieving actions: all together without losing one's self (P. Zurita Ona) <u>Workshop</u>							
Room: PARTER		(35) Help, my client used psychedelics! Introduction to psychedelics and psychedelic integration (B. Kleszcz M. Skinta, M. Funke) <u>Workshop</u>											
Room: A		(36) Inspiration and Connection: Young Researchers Present and Discuss their Projects (M. Karekla, L. Baran, R. Burian). <i>Part I CBS research on different clinical groups:</i> J. Celban, A. Bolbeth et al., J. Topczewski, <i>Part II: CBS research on different interventions and processes:</i> N. Bergmann et al., I. Hahne et al, T. Gąsior, N. Hajok <u>Symposium</u>			L U N C H B R E A K	(42) W labiryntcie relacji terapeutycznej (M. Domurat, K. Ambroziak) <u>Workshop PL</u>					(45) ACBSPolska General Member Meeting		
Room: B	(16) Meditation (J. Martz) <u>Morning Activity</u>	(37) The process of transforming pain (B. A. Kossakowska, S. Sanida) <u>Workshop</u>					(43) ACT duchowości (H. Czupala, O. Salamon) <u>Workshop PL</u>						
Room: C	(16.2) ACTive morning with photography (K. Ferneza) <u>Morning Activity</u>						(34) Jak wspierać osoby trasplciowe i niebinarne (J. Topczewski) <u>Workshop PL</u>						
Room: Sala Rady Wydziału	(17) A lesson in Awareness Through Movement (Feldenkrais method) (J. Mattes) <u>Morning Activity</u>	(38) ACTywować trzeźwość. Wykorzystanie ACT w uzależnieniach od substancji (J. Gawrońska) <u>Workshop PL</u>								B R E A K		(47) DGKV Member Meeting	
Room: Sala Owalna	(18) Back to myself - mindful movement workshop + performance (M. Mak-Jeszka) <u>Morning Activity</u>						(44) Process Based Case Conceptualization for Cravings and Addictive Behaviors (Maria Karekla) <u>Workshop</u>				(48) Fappy Hour		
Room: A1		(40) The monster by the wayside - colorful new paths in psychotherapy (M. C. Dekoj, A. Adamiuk, A. Kohl) <u>Workshop</u>											
Room: A2			BREAK			(46) Self compassion: Practical tools for practioners (P. Suchanek) <u>Workshop</u>							

Budling: Faculty of Biology

Room names:	8.00-9.00	9.00-10.30	10.30-10.45	10.45-12.15	12.15-13.00	13:00-13:15
AULA		(50) Applications of ACT: 1. Building bridges between process-Based CBT and art therapy – preliminary ideas and reflections (M. Hyla), 2. Musicians' psychological functioning in the context of psychological flexibility model. A mixed-method study (M. Chełkowska-Zacharewicz, L. Baran), 3. Zastosowanie Terapii Akceptacji i Zaangażowania w obszarze seksualności (J. Bilarzewska), 4. Terapeutyczne łapy. Dogoterapia w zaburzeniach ze spektrum autyzmu. Przegląd badań oraz badania własne (M. Mak, Ł. Skryplonek, K. Wietrzyński) <u>Lectures</u>	B R E A K	(52) ACT w kontekście społecznym: 1. Wpływ wojny hybrydowej na wartości człowieka (O. Martsyniak-Dorosh), 2. ACTYwizm open-acces: aktywizacja i elastyczność psychologiczna. Przykład działalności ACBS (J. Gawrońska, J. Pankau) Lectures	L U N C H & S A N D W I C H E S	(55) Closing Ceremony
Room: PARTER		(51) Science Award / Wissenschaftspreis Vorträge (in German)		(53) Philosophy of ACT: 1. Medytacje stoickie. Filozofia starożytnej Grecji i Rzymu i ACT (K. Ambroziak), 2. Antropologia biblijno – chrześcijańska, podstawą pracy terapeutycznej z osobą o światopoglądzie chrześcijańskim (O. Salamon, H. Czupała), Lectures		
Room: A		(54) Myśl jak behawiorysta. Podstawy filozoficzne ACT (B. Kleszcz, J. Grodniewicz)				
Room: B	(16) Meditation (J. Martz) <u>Morning Activity</u>	(53) Against Dogmatic Anti-Dogmatism (J. Mattes) Lecture				
Room: Sala Rady Wydziału	(17) A lesson in Awareness Through Movement (Feldenkrais method) (J. Mattes) <u>Morning Activity</u>					